



GOT 5 MINUTES?

**LET'S TALK ABOUT
DEMOCRACY!**



**WE ASKED PARTICIPANTS AT THE
AUDIVISUAL DAYS IN
GOTHENBURG**

WHAT ARE
THE FIRST
WORDS THAT
COME TO
YOUR MIND
WHEN YOU
THINK ABOUT
DEMOCRACY?

politicians

tranquillity

freedom

justice

peace

improvement

collective action

freedom of expression

people

unity

involvement

DO YOU FEEL
FREE WHEN
IT COMES TO
CHOOSING
YOUR LIFE'S
PATH?

**yes, but family norms,
expectations and peer
pressure limit me**

**yes, every choice is
ultimately up to me**

gender discrimination is
the single strongest
barrier to freedom for
me

**formally yes, but
I'm limited by the
expectations of
other people**

**There is a bias towards believing
that wealth will make you happy.
And i feel pressured to pursue
wealth instead of happiness**

**As a woman., I am only in theory
free, but every day I face limits
to what I can do**

DO YOU FEEL
LIKE YOU
HAVE ANY
POWER AS A
CITIZEN?

Only at the
time of
elections

As long as everybody
only thinks about their
own success, we are
powerless and easily
manipulated

Not really, here [Sweden] people are
too individualistic, so I don't feel
pushed to get involved

I feel powerful in my
small circle, by
influencing the people
around me, but not at
the larger scale

As an immigrant here, not speaking the
language represents a great barrier to be
interested in politics, since I don't know what
I'm voting for and I don't follow the news

WHAT
WOULD YOU
NEED TO BE
MORE
POWERFUL?

For me, it's a shift in mindset that I have to work on myself, starting by caring for the people around me

More power in the hands
of local authorities

backwards traditions and
gender roles need to
change

voting more often would at least
make me feel more powerful

I need to start from myself, learning the
language and being more interested in politics

I can't complain about
the system, I need to
work on myself first. It's
a meditation effort