



**GOT 5 MINUTES?**

**LET'S TALK ABOUT  
DEMOCRACY!**

**WE ASKED THE ATTENDEES OF**

**GOTHIA CUP 2025**

WHAT ARE  
THE FIRST  
WORDS THAT  
COME TO  
YOUR MIND  
WHEN YOU  
THINK ABOUT  
DEMOCRACY?

human rights  
equality  
philosophy  
hope  
fraternity  
parties  
voting  
gouvernement  
community  
liberty  
justice  
fear  
taxes  
love  
football  
fiction  
peace

**DO YOU FEEL  
FREE WHEN  
IT COMES TO  
CHOOSING  
YOUR LIFE'S  
PATH?**

No, I don't feel free in  
choosing the study path  
and where to travel

**No, I am not old enough**

Yes, but it is hard for some people if they  
struggle with school, they can't do anything  
about it

No, there are inequalities and dictatorships in the world, to be free is to  
travel globally and now the world seems to be set in a divide and conquer  
mentality, as if a dystopia is coming to life

Yes, mostly

yes; yes but partly because the system  
does not fully meet my needs

**Yes - have a voice &  
use that voice**

I live in Sweden so I have freedom and power, but I acknowledge that there are  
barriers as a woman. Women did not get the chance to participate in formal  
democracy until much later than men.

**Yes to the extent, we are subject to external  
influences**

**DO YOU FEEL  
LIKE YOU  
HAVE ANY  
POWER AS A  
CITIZEN?**

I have no power because  
my parents have the power

I feel very empowered to make  
choices

I have free speech and can say what I want, but I am not always  
listened to. People have different opinions and that's not always  
encouraged

**I feel to have some sort of  
power, but I also feel  
limited by being a student**

You can if you become  
more involved

No - not old enough - only have  
influence when you're 18

Social media provides people with a platform -  
to raise awareness (e.g. Palestine) - but you  
can't always trust social media. It's about 50/50

Adults should listen more to their kids, and should not  
underestimate [them]

WHAT

WOULD YOU

NEED TO BE

MORE

POWERFUL?

# Mutual respect

Less restrictions from the  
international community

Turkey and Greece  
should leave the island

I need to be older, children need  
to be taken more seriously

Helping others, it makes you feel  
good and you do good for your  
community

Overcoming prejudice and  
old-fashioned thinking, which  
are all barriers for a free life

## Politicians

I need to improve my social media literacy, raising awareness is necessary  
in order not to be trapped in the mainstream narrative